

Menu for the Week of Aug 28- Sept 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Multigrain Cereal Mandarin Oranges (A&C)	Homemade Breakfast Burritos Unsweetened Applesauce	Waffle Stix Peaches (A)	Sausage Patty Toast Pears	Super Donut Banana (C)
Lunch	Chicken Tenders (I) French Fries Broccoli Fruit	Macaroni & Cheese Ham Slice (I) Bread Peas (A&C) Mixed Fruit (A&C)	Meatballs with Gravy (I) Mashed Potatoes Bread Green Beans Banana (C)	Refried Bean & Cheese Burrito (I) Corn Fruit	Hot Ham and Cheese Sandwich (I) Fresh Vegetables (A&C) Apple Slices
Snack	Frozen Fruit Cups Cracker	Low-fat Cottage Cheese Fruit	Mozzarella String Cheese Wheat Cracker	Fruit (C) Ritz Crackers	Seedless Grapes Rice Cakes

Menu for the Week of Sept 4-8

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast		Multigrain Cereal Mandarin Oranges (A&C) Y-Peaches (A)	Pancakes Peaches (A)	Sausage Croissant Pears	Oatmeal with Raisins Banana (C)
Lunch	CLOSED FOR LABOR DAY!	Pigs in a Blanket (I) Baked Beans Mixed Vegetables (A&C) Fruit	Meat & Cheese Taco (I) Fresh Carrots (A) Banana (C) Y&G-Cooked Carrots (A)	Chicken Stir Fry with Vegetables (A&C) (I) White Rice Mixed Fruit (A&C)	Fish Stars (I) Baked French Fries Broccoli (A&C) Melon
Snack		Oranges (C) Club Crackers	Vegetable Pizza (A&C)	Crackers Fruit	Low-fat Yogurt Animal Crackers

Menu for the Week of Sept 11-15

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Multigrain Cereal Mandarin Oranges (A&C)	Hashbrown Bun Orange Juice (C)	Waffles Peaches (A)	Biscuits and Gravy Pears	Muffin Banana (C)
Lunch	Chicken Pattie on a Bun (I) Mozzarella Cheese Stick Peas (A&C) Fruit	Cheese Ravioli with Meat Sauce(I) Romaine & Spinach Salad (A&C) Bread Fresh Fruit	Individual Meat and Cheese Pizza (I) Fresh Vegetables (A&C) Pineapple (C)	Breakfast for Lunch! Scrambled Eggs (I) Sausage Patty (I) Pancake Tator Tots Mixed Fruit (A&C)	Ham and Cheese Quesadilla (I) Sweet Potato Fries Fresh Carrots (A&C) Fruit
Snack	Trail Mix Carrots	Rice Crispy Treat Unsweetened Applesauce	Yogurt Animal Crackers	Cracker Fruit	Apple Slices Sun Butter

Menu for the Week of Sept 18-22

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Multigrain Cereal Mandarin Oranges (A&C)	Scrambled Egg Biscuit Sandwich (I) Orange Juice (C)	French Toast Sticks Peaches (A)	Breakfast Bites Pears	Muffin Banana (C)
Lunch	Beanie Weanies (I) Sweet Potato Fries Bread Fruit	BBQ Chicken Mashed Potatoes Peas (A&C) Bun Fruit	Bierox with Beef and Cheese (I) Tator Tots Carrots Banana (C)	Beef and Cheese Enchilada Spanish Rice Corn Mixed Fruit (A&C)	Chicken Nuggets Peas Pineapple (C) Y - Banana (C)
Snack	Cottage Cheese Fruit	Soft Pretzel with Cheese	Spinach Dip with Bread and Fresh Vegetables	Whole Wheat Bread and Sun Butter Sandwiches	Rice Cakes V-Blend Juice (A&C)

Menu for the Week of Sept 25-29

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Multigrain Cereal Mandarin Oranges (A&C)	Homemade Breakfast Burritos Unsweetened Applesauce	Waffle Stix Peaches (A)	Sausage Muffin Pears	Super Donut Banana (C)
Lunch	Scrambled Egg Bake with Ham (I) Tator Tots Bun Orange Juice (C) Y-Fruit (C)	Pizza Roll Up with Cheese, Beef and Sausage (I) Green Beans Oranges (C)	Manwich on a Bun (I) French Fries Corn Banana (C)	Taco Soup with Meat and Vegetables (A&C) (I) Tortilla Fruit	Fish Sandwich on a Bun (I) Mozzarella Cheese Stick (I) Carrots (A) Grapes Y-Cooked Carrots (A) Unsweetened Applesauce
Snack	Saltine Crackers Cheese Slice	Fresh Vegetables (A&C) with Ranch Pretzel Fish	Queso Tortilla Chips Y-Oyster Crackers	Bagel with Cream Cheese Fresh Fruit (C)	Apples with Sun butter Ritz Crackers

Menu for the Week of Oct 2-6

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Multigrain Cereal Mandarin Oranges (A&C)	Homemade Breakfast Pizza Unsweetened Applesauce	Pancakes Peaches (A)	Sausage Croissant Pears	Oatmeal with Raisins Banana (C)
Lunch	Potatoes AuGratin Ham (I) Cooked Broccoli (A&C) Bun Fruit	Chicken Noodle Casserole (I) Peas (A&C) Oranges (C)	Meatloaf (I) Mashed Potatoes Bread Green Beans Pineapple (C)	Spaghetti with Meat Sauce (I) Corn Breadstick Mixed Fruit (A&C)	Turkey and Cheese Sliders Grapes Fresh Carrots (A) Y&G-Cooked Carrots (A)
Snack	Muffin Fruit	Cheese Crackers Apple Juice Y-Unsweetened Applesauce	Low-fat Cottage Cheese Fruit	Pretzel Fish Mozzarella Cheese Stick	Fresh Vegetables (A&C) with Ranch Tortilla

Menu for the Week of Oct 9-13

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Multigrain Cereal Mandarin Oranges (A&C) Y-Peaches (A)	Scrambled Eggs Bun Orange Juice (C)	French Toast Sticks Peaches (A)	Breakfast Bites Pears	Muffin Banana (C)
Lunch	Ham Slice (I) Pasta Salad with Vegetables Mozzarella Cheese Stick (I) Pears	Chicken Alfredo (I) Romaine & Spinach Salad (A&C) Fruit (A&C)	Tamale Pie with Meat and Vegetables (A&C) (I) Pears	Hot Dog on a Bun (I) Baked Beans Corn Mixed Fruit (A&C)	Make Your Own Sandwich Whole Grain Bread Turkey and Ham Slice and Cheese Slice (I) Romaine Lettuce and Tomato Slices (A&C) Fruit
Snack	Fruit Yogurt Parfait Vanilla Wafers	Cereal Bar Fruit	Soft Pretzel with Cheese	Vegetables (A&C) with Ranch Cheese Crackers	V-Blend Juice (A&C) Granola Bar

Menu for the Week of Oct 16-20

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Multigrain Cereal Mandarin Oranges (A&C) Y-Peaches (A)	Homemade Breakfast Burritos Unsweetened Applesauce	Waffle Stix Peaches (A)	Sausage Muffin Pears	Super Donut Banana (C)
Lunch	Tuna Noodle Casserole (I) Cooked Carrots (A&C) Dinner Roll Pears	Cheeseburger on a Bun (I) Baked French Fries Green Beans Fresh Fruit (C)	Lasagna with Meat Sauce (I) Romaine @ Spinach Salad (A&C) Breadstick Mixed Fruit (A&C) G-Peas (A&C)	Baked Chicken (I) Wild Rice Peas (A&C) Pineapple (C)	Ham and Cheese Wraps (I) Fresh Vegetables (A&C) Apple Slices G-Steamed Vegetables (A&C)
Snack	Saltines Cheese Slices	Oatmeal Raisin Cookie Milk	V-Blend Juice (A&C) Club Crackers	Low-fat Yogurt Crackers	Bagels with Cream Cheese Fresh Fruit

Menu for the Week of Oct 23-27

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Multigrain Cereal Mandarin Oranges (A&C)	Homemade Breakfast Pizza Unsweetened Applesauce	Pancakes Peaches (A)	Sausage Croissant Pears	Oatmeal with Raisins Banana (C)
Lunch	Toasted Cheese Sandwich Chicken Noodle Soup Pears	Scalloped Potatoes with Ham (I) Green Beans Bun Banana (C)	Tator Tot Casserole (I) Peas (A&C) Dinner Roll Pineapple (C)	Baked Potato Chili with Beef (I) Corn Bread Muffin Mixed Fruit (A&C)	Tuna Sandwich on a Bun (I) Fresh Vegetables (A&C) Mozzarella Cheese Stick Apple Slices Y-Applesauce
Snack	Hummus Tortilla Roll Up V-Blend (A&C)	Multigrain Cereal Milk	Fresh Vegetables with Ranch 1/2 Pita	Whole Wheat Bread Cheese Slice	Muffin Fruit

Menu for the Week of Oct 30-Nov 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Multigrain Cereal Mandarin Oranges (A&C)	Scrambled Eggs (I) Bun Orange Juice (C)	French Toast Sticks Peaches (A)	Breakfast Bites Pears	Muffin Banana (C)
Lunch	Shepherds Pie (I) Mashed Potatoes Dinner Roll Pineapple (C)	Shake and Bake Chicken(I) Wild Rice Green Beans Peaches (A)	Beef a Roni (I) Romaine & Spinach Salad (A&C) Unsweetened Applesauce	Chicken Noodle Soup (I) Oyster Crackers Mixed Fruit (A&C) Mixed Vegetables (A&C)	Turkey Corn Dog (I) Fresh Vegetables Apple Slices G-Steamed Vegetables
Snack	Goldfish Crackers Fruit	V-Blend Juice (A&C) Animal Crackers	Low-fat Cottage Cheese Pineapple (C)	Soft Pretzel with Cheese Sauce	Crackers with Sun Butter